18 Feb, 2-4pm

VIV'S CHILDREN'S PARTY

by little Viv and Assistants

For 5-8 year old accompanied children

Resourceful junior artist Viv and friends would like to invite you to her children's party for all the classic children's party games from 'Pass the Parcel' and 'Musical Statues' to 'Pin the Tail on the Donkey'. And do you know 'Corners' yet?

Bring a little wrapped surprise present for another child if you like!

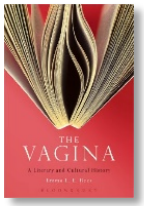
18 Feb, 6-8.30pm

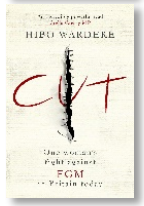
TRADITION AND TABOO: SILENT WOMEN SPEAK
A SPEAKERS' EVENING ABOUT FGM

by Professor Emma Rees, Director of the Institute of Gender Studies, University of Chester, and author of the Vagina: A Literary and Cultural History,

Hibo Wardare, FGM survivor and author of the book 'Cut - One Woman's Fight against FGM in Britain Today'

and Open Roof Dance Project





Where there's silence, there's taboo. And where there's taboo, there's danger. **Professor Rees** examines these silences, taboos, and dangers, especially as they relate to women and their bodies. Her talk this evening looks at some of these deadly serious issues in an at-times light-hearted, and always informative way.

Hibo Wardere will be talking about being a victim of FGM and using her life to fight for dignity and freedom for women.

The dance collective Open Roof will be performing segments from the piece Bedtime Stories, acknowledging the need for community and attentiveness to each other. Bedtime Stories looks at the process of collecting, reliving and sharing your memories with those around you. The piece explores how memories change over time and how the way we choose to tell our stories influences who we are.

Direction and choreography: Natalie Sloth Richter. Performance: Ingvild Marstein Olsen, Laura Ganotis, Olivia Edginton, Victoria Rucinska

19 Feb, 11am-8pm

CLOSING DAY: AN ALL DAY PROGRAMME OF PRESENTATIONS AND PERFORMANCES

Confirmed to date:

3-5pm tbc

ORIGAMI AND PAPER-CUTTING WORKSHOP

by Lindsey Williams

Paper-Cutting can be incredibly therapeutic & fun to do! Within the workshop you will be given the opportunity to learn how to make a Origami or an Paper-Cutting from scratch.

This workshop is for both children and adults to develop the base skills in how to make 'Origami and Paper-Cutting'.

3-4pm

THE JOURNEY OF THE BANJO

by Russ Chandler

Presentation and performance from the origins of the banjo to the present day by Russ Chandler, well known around the East London folk scene.

5-5.30pm

ANCESTRAL WHISPERS

by Vanessa Downie of Ajos Dance

This solo, commissioned by Art Catcher Ltd and developed during a residency at Space@ Clarence Mews. This is a powerful, emotive, intricate and personal piece inspired by Vanessa's newfound native American heritage. From an anthropological and philosophical standpoint, the piece explores ways in which the legacy of America's indigenous people impacts Vanessa's life in the present day, and acknowledges her changing attitudes relating to the connection with the spirit of her Great Grandmother, now viewed as a precious gift – as opposed to once being an unsettling source of fear.

All events and workshops are free, but donations are welcome.

For all details, visit www.artcatcher.co.uk
katja@artcatcher.co.uk, 077999 411 587

Pictured overleaf: Judit Prieto 'The Apache Tradition of Becoming Woman (Spiritual Knowledge)'

TRADITIONS

A MIXED MEDIA GROUP ART EXHIBITION WITH ACCOMPANYING EVENTS ABOUT CULTURAL RITUAL AND ITS EFFECT ON OUR SENSE OF SELF

1-19 February 2017
12-6pm daily

The Art Pavilion
Mile End Park
Clinton Road
London
E3 4QY

(Walk from Mile End Tube towards Yellow Bridge, turn right before bridge, turn left after Texaco. 2 mins walk.)

Exhibition Programme

A project by Art Catcher Ltd
in collaboration with Incloodu Festivals
Supported by Tower Hamlets Council
For all details, visit www.artcatcher.co.uk

Art Catcher · Incloodu · TOWER HAMLETS

2 Feb, 6-9pm

OPENING OF THE EXHIBITION (1ST THURSDAY EVENT)

With the **Romany Diamonds**: a whirlwind of violins, accordion, keyboards, double bass, song and guitar

1-2, 7-8 Feb, 12-6pm

THE COMMUNITY BLANKET

by Ginette White and fellow knitters

Free, including supplies but any donations of handmade 6 inch easy-wash blanket squares would be gratefully accepted

Making squares for blankets and quilts from knitted, crochet or stitched fabrics is a tradition going back many years. Done with scraps, it is a pleasurable activity that involves the stitching of squares, more often than not to be sent to charitable organisations. Join Ginette in the tradition of community making of knitted and crochet squares to be sent to Age UK to stitch into blankets to bring warmth, comfort and love to the elderly.

3 Feb, 11am-1pm

SELF-ORGANISED CITY

by Torange Khonsari of the local arts organisation Public Works

A workshop/conversation, run by Torange Khonsari from public works, looking at examples of the traditions passed on by self-organised groups and practices effecting urban change in the UK and in East London. Looking at the adventure playground movement, urban farms and co-operative living all self organised traditions carrying specific knowledge which needs to be shared. We will explore the benefits of such traditions and how their legacy will benefit and live in us today.

3 Feb, 2-5pm

YOUR SECRET GARDEN

by Hester Bucks of the local arts organisation Public Works

How to use and nurture the earth is filled with traditions and abundance of knowledge? What are those gardening secrets your family has been passing on, generation to generation? Join the afternoon workshop and help us create an archive of all the gardening traditions, plants, secrets and tips from where you call home, from East London to West Bengal and beyond. Hester Bucks from public works, who is currently initiating a wildlife garden locally, will guide you in the making of this map of local traditions in supporting nature. The sharing of secrets and traditions will be followed by a workshop in which we will make bird-feeding seed cakes.

4 Feb, 11am-1pm

NATIVE AMERICAN AND CONTEMPORARY DANCE

by Vanessa Downie of Ajos Dance

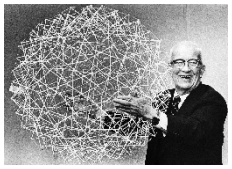
Dance has always been significant in the lives of Native Americans as both a common amusement and a solemn duty. Many dances played a vital role in religious rituals and other ceremonies; while others were held to guarantee the success of hunts, harvests, giving thanks, and other celebrations.

This workshop will explore the combination of the powerful legwork of Native American Dance with the improvisational characteristic of modern dance. Experimental and creative in our approach, we will compare the unpredictable changes in rhythm, speed, and direction, set against the fast paced and highly energetic athletic movements of Native American Dance.

4 Feb, 3-5pm

FANTASY BUILDINGS

by Kate Hardy



This is a workshop making buildings which subvert tradition. Generate ideas for your invented building with a surreal drawing game, then make your own collage building with found colour and texture. Fun for all ages, materials supplied.

5 Feb, 2-4pm

PAPERMAKING AND LETTERWRITING

by Helen Porter (Papermaker to E17)

Make paper the traditional way, by hand, using recycled paper, plant fibre and cloth pulp. Prepare to get your hands wet! Paper is made by dipping a mould into a vat of paper and water. The cellulose fibres, attracted to each other, form a sheet, which laid down on a sheet of fabric. There will be dry paper we made earlier so you can finish the session by writing a letter to surprise someone.

5 Feb, 4-6pm

TRADITIONAL WOODCARVING

by Daniel Turner

The Gypsy wagon (of which there will be one on show) has for hundreds of years been the symbol of Gypsy art and culture. The wagons are carved, painted and gilded. Traditional carving includes fruit and flowers which are often richly painted. Other parts of the wagons are carved to reduce weight while retaining the strength of the wood.

In this workshop we will look at the continuing tradition of Gypsy carving and try our hand at carving some of the more iconic motifs of in this tradition. We will be using undercutting and a variety of other techniques to build up a carving. The workshop will use soap rather than wood to allow a piece to be completed.

7 Feb, 2.30-4.30pm (open ended)

TRADITIONAL BOARD, CARD & PUB GAMES AFTERNOON

by the Geezers and the Bow Belles of Appian Court, Bow

When was the last time you gathered with a bunch of friends to play a relaxed game of Monopoly or Shoveha'penny? The games will be waiting for you on different tables in a cosy set up, cuppas and sarnie triangles will be served!
There will be games for all ages, a great afternoon for families.

8 Feb, 7-9pm

OUR ROOTS AND OUR FUTURE OPEN EVENING ABOUT LOCAL TRADITION AND RITUAL TO SUPPORT FUTURE CHANGE

by Roman Road Neighbourhood Forum

An evening of exploring where you consider is your neighbourhood, what makes you proud to be in that neighbourhood and what traditional events maintain this long, historical idea of living together. From Contrade's of Medieval Siena to Victorian streets of Bow, we want to explore what makes you feel you belong. What bound us together as a community and still does? The RRNF believes current and past traditions should inform future city making. We therefore ask all the participants to bring a tradition, a memory or ritual, (in the form of text, a picture, an object etc...), which they believe should be kept safe and could inform future change. →

From there we will build up together an archive of local messages, traditions and important moments, which will be included in the public works installation and will be used by the RRNF in future meetings.

11-12 Feb, 2-4pm

SHADOWPLAY PUNCH & JUDY MAKING WORKSHOP

by Farah Ishaq and Katja Rosenberg

There will be a screen and a light source, cardboard, coloured acetate, sellotape, sticks, scissors and there will be us, creating characters and storylines and trying them out.

We already have some new characters: The greedy chihuahua, the little birdie, the fat cat, the princess, the dragon... Who will you bring to the table? Take your characters home to develop your stories further. For all ages.

14 Feb, 1-3pm

MUMMIES IN LOVE

by Frank Creber and Arteast

All welcome to come and design and make a Valentine's Card in the style of the ancient Egyptians. We have hundreds of hieroglyphs, ideas, card, glue and an ancient Egyptian tape dispenser. Great for all ages.

14 Feb, 2.30-4.30pm

♥ TEA DANCE AND OLD SCHOOL DATING AFTERNOON

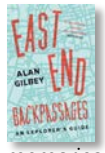
by the Geezers and the Bow Belles of Appian Court, Bow

Let the local old boys lead the way in how you used to ask a lady to the dance floor. Refreshment, a turntable and lots of vinyl to dance to, and a giant Valentine's Card into which you can write your best Valentine's line ever. A fun afternoon for all ages.

16-17 Feb, 7-9pm

SPEED HISTORIES: EAST END TRADITIONS

by East End Passages



Our storytellers offer you an evening of tales less told from the side streets of East London social history. Amid drawings and portraits of local heroes from the pen of illustrative genius Dan Jones, each storyteller will evoke memories or unveil peculiarities of our shared history and traditions in funny, poignant or surprising ways. Join your host, Bafta award winning writer and stand-up tour guide Alan Gilbey for an atmospheric and theatrical speed dating event with history, her story and our stories!